

# Patient Instruction Sheet: Ur24T TrueClr M Adult Male Urine Collection Apparatus

**Purpose:** The Ur24T TrueClr M is a urine collection system designed for adult males. It is intended for patients who have difficulty with regular urination or need continuous urine monitoring. This system ensures comfort, hygiene, and ease of use.

### **Components:**

- 1. TrueClr M Collection Bag: A sterile, transparent bag with measurement markings.
- 2. Catheter Tube: A soft, flexible tube that connects the urine bag to the body.
- **3.** Non-invasive External Catheter (Sheath): Fits comfortably over the penis to collect urine.
- **4.** Leg Straps: Adjustable straps to secure the urine collection bag to your leg.
- **5. Anti-reflux Valve**: Prevents urine backflow, reducing the risk of infection.

#### **Instructions for Use:**

#### 1. Preparation:

- Wash your hands thoroughly with soap and water.
- Ensure all components are clean and sterile before use.
- Select a comfortable, private area for the setup.

### 2. Attaching the External Catheter:

- Gently roll the non-invasive external catheter over the penis, ensuring it fits snugly.
- Avoid applying too much pressure; the fit should be comfortable without restricting blood flow.
- Ensure the catheter sheath is positioned correctly to avoid leaks.

## 3. Connecting the Catheter Tube:

- Connect the catheter tube to the end of the external catheter.
- Ensure a secure connection to prevent disconnection during movement.

## 4. Attaching the Collection Bag:

- Connect the other end of the catheter tube to the TrueClr M collection bag.
- Use the leg straps to secure the collection bag to your thigh or calf, depending on comfort.
- Adjust the straps to hold the bag in place without causing discomfort or restricting circulation.

## **5.** Using the Device:

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- Once everything is connected, the system will start collecting urine automatically.
- Monitor the bag periodically to ensure it doesn't overfill.
- The anti-reflux valve will prevent urine from flowing back into the tube.

# 6. Emptying the Collection Bag:

- When the bag is about 2/3 full, it's time to empty it.
- Detach the bag carefully from the catheter tube without disconnecting the tube from the external catheter.
- Empty the urine into the toilet through the outlet valve.
- Reattach the bag securely after emptying.

# 7. Cleaning and Maintenance:

- Clean the external catheter and tubing daily with mild soap and water.
- Replace the collection bag and catheter tube as directed by your healthcare provider.
- Do not reuse disposable components unless they are specifically designed for multiple uses.

#### **Precautions:**

- Ensure the catheter is not twisted or kinked, as this can block urine flow.
- Change the external catheter daily or as recommended by your healthcare provider.
- If you experience discomfort, irritation, or signs of infection (redness, swelling, or unusual odor), contact your healthcare provider immediately.
- Keep the collection bag below the level of your bladder to ensure proper drainage.

#### When to Contact Your Healthcare Provider:

- Persistent discomfort or pain.
- Signs of infection, such as redness, swelling, or fever.
- Difficulty with urine flow or leakage from the catheter.
- If the device becomes damaged or malfunctions.

For More information go to: <a href="https://www.ur24technology.com/trueclr-demonstration-video">https://www.ur24technology.com/trueclr-demonstration-video</a> to watch their informational videos.

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